

smile academy



## Clear aligners

invisible teeth straightening

**Dreaming of a new smile?**

Ask your dentist if you are suitable.

A new smile awaits you!



## Your dentist is an authorised provider of Smile Academy clear aligners.

Clear aligners offer a nearly invisible alternative to braces, allowing you to maintain a confident smile throughout your treatment. They consist of a series of custom-made, clear, removable aligners that gradually guide your teeth toward the desired smile.

Smile Academy is an Australian clear aligner laboratory, recommended by leading dental professionals.

**If you have one of the following conditions, clear aligners might be the solution for you!**



**Spacing**



**Overjet**



**Crowding**



**Cross bite**



**Deep bite**



**Open bite**

**smile academy**



See the results.



**After**

8

months



**After**

7

months



**After**

12

months

# Interesting facts about clear aligners

## Not just vanity



Having your teeth straightened is actually a matter of dental hygiene. Crooked teeth are difficult to keep clean and because of this, are more prone to decay.

## Better health

Patients wearing our aligners often report that they are not as tempted to snack in between meals (although they can!).



## Teeth brushing

Clear aligner wearers have reported they've been brushing their teeth a lot more during their treatment course.

## Improved and clearer speech

Teeth play an important role in your speech. Crowded, gapped or protruded teeth can affect your speaking patterns negatively.



## Increased self confidence

Remember your smile is the first thing people notice about you and smiling is often seen as a sign of confidence.

## Private health funds

Insurance covers on average \$500 to \$2,500 for clear aligners. Ask your health fund for more information. (Item code 825)



## How long does it take?

Each set of aligners are to be worn for 2 weeks.

Aligners should be worn more than 20 hours per day and should only be removed before eating, brushing teeth or drinking anything other than water.

The average treatment duration is typically around 8 months, though it can range from as little as 3 months to as long as 18 months for more complex cases.

Following the completion of treatment, it is advisable to wear a retainer at night to maintain the alignment of the teeth.

## Ask your dentist today



To find out more, visit [www.smile-academy.com.au](http://www.smile-academy.com.au)